## **Peanut Butter Powder**

| Amount per serving       | prepared)  |
|--------------------------|------------|
| Calories                 | 60         |
| % D                      | aily Value |
| Total Fat 1.5g           | 2%         |
| Saturated Fat Og         | 0%         |
| Trans Fat Og             |            |
| Cholesterol Omg          | 0%         |
| Sodium 210mg             | 9%         |
| Total Carbohydrate 6g    | 2%         |
| Dietary Fiber 2g         | <b>7</b> % |
| Total Sugars 3g          |            |
| Includes 3g Added Sugars | 6%         |
| Protein 5g               |            |
| Vitamin D Omcg           | 0%         |
| Calcium 11mg             | 0%         |
| Iron Omg                 | 0%         |
| Potassium 142mg          | 4%         |

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| SERVINGS | PEANUT BUTTER POWDER | WATER   |
|----------|----------------------|---------|
| 2        | 1/4 Cup              | 2 Tbsp  |
| 4        | 1/2 Cup              | 4 Tbsp  |
| 8        | 1 Cup                | 1/2 Cup |

## **DIRECTIONS:**

- 1. Remove oxygen absorber and discard.
- Combine peanut butter powder with water and mix well.
- **3.** Water may be adjusted to reach desired consistency.

INGREDIENTS: Peanuts, sugar, non-iodized salt.

Contains allergen: Peanut.

day is used for general nutrition advice.